

THIRD B.N.Y.S. DEGREE EXAMINATION
PAPER VI – NUTRITION AND HERBOLOGY

Q.P. Code : 821521

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about methods of nutritional programme, survey and methodology.
2. a) Azadirachta indica b) cuminum cyminum c) rauwolfia serpentina

II. Write Notes on:

(10 x 5 = 50)

1. Specific functions of amino acids.
2. Anti-nutritional factors.
3. Lathyrism and fluorosis.
4. RDA for pregnancy as per ICMR.
5. Malnutrition-explain.
6. Moringa oleifera.
7. How to assess obesity?
8. Determination of BMR by formulas.
9. Nutrition and immunity.
10. Interrelationship of tryptophan and niacin.

III. Short Answers on:

(10 x 2 = 20)

1. Bio nutrition.
2. Megaloblastic anaemia.
3. Herbal prescription for indigestion.
4. Goiterogens.
5. Antioxidants and examples.
6. Dietary fiber and RDA per day.
7. Indian standards of foods.
8. Referred men and women.
9. Water intoxication.
10. Milk hygiene.
